

## Silence and Stillness Before God (2 Minutes)

Day 31

### The Attributes of God

I will sing to the Lord, for He is highly exalted. The Lord is my strength and my song; He has become my salvation. He is my God, and I will praise Him, my father's God, and I will exalt Him. ([Exodus 15:1-2](#))

My Redeemer, the Lord of hosts is Your name; You are the Holy One of Israel. ([Isaiah 47:4](#))

### The Works of God

I must be ready, for the Son of Man will come at an hour when I do not expect Him. ([Matthew 24:44](#); [Luke 12:40](#))

Men will see the Son of Man coming in clouds with great power and glory. And He will send His angels and gather His elect from the four winds, from the ends of the earth to the ends of the heavens. We must take heed and be watchful, for we do not know when that time will come. ([Mark 13:26-27](#), [33](#))

### My Relationship to God

Having been justified by faith, I have peace with God through the Lord Jesus Christ, through whom I have gained access by faith into this grace in which I stand; and I rejoice in the hope of the glory of God. ([Romans 5:1-2](#))

I am convinced that neither death nor life, nor angels nor principalities, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate me from the love of God that is in Christ Jesus my Lord. ([Romans 8:38-39](#))

### The Character I Want to Cultivate

Come, my children, listen to me; I will teach you the fear of the Lord. Who is the man who desires life and loves many days that he may see good? Keep your tongue from evil and your lips from speaking guile. Depart from evil and do good; seek peace and pursue it. The eyes of the Lord are on the righteous, and His ears are attentive to their cry. ([Psalm 34:11-15](#))

I was once darkness, but now I am light in the Lord. I will walk as a child of light (for the fruit of the light consists in all goodness and righteousness and truth), learning what is pleasing to the Lord. ([Ephesians 5:8-10](#))

### My Relationship to Others

I will not defraud my neighbor or rob him. ([Leviticus 19:13](#))

I will not mistreat my neighbor, but I will fear my God; for You are the Lord my God. ([Leviticus 25:17](#))

## Silence and Stillness Before God (2 Minutes)

Day 32

### The Attributes of God

God reveals deep things out of darkness and brings the shadow of death into the light. He makes nations great and destroys them; He enlarges nations and disperses them. (Job 12:22-23)

Blessed be the name of God for ever and ever, for wisdom and power belong to Him. He changes the times and the seasons; He raises up kings and deposes them. He gives wisdom to the wise and knowledge to those who have understanding. He reveals deep and hidden things; He knows what is in the darkness, and light dwells with Him. (Daniel 2:20-22)

### The Works of God

The Son of Man did not come to be served, but to serve, and to give His life as a ransom for many. (Mark 10:45)

During His trials, some began to spit at Jesus and blindfold Him and strike Him with their fists and say to Him, "Prophecy!" And the guards received Him with slaps in the face. The soldiers put a purple robe on Him, then twisted together a crown of thorns and set it on Him. And they began to call out to Him, "Hail, king of the Jews!" Again and again they struck Him on the head with a staff and spit on Him, and bending their knees, they paid mock homage to Him. When they crucified Him, those who passed by hurled insults at Him, wagging their heads and saying, "Ha! You who are going to destroy the temple and build it in three days, save Yourself and come down from the cross!" And at the ninth hour Jesus cried out in a loud voice, "Eloi, Eloi, lama sabachthani?" which means, "My God, My God, why have You forsaken Me?" (Mark 14:65; 15:17-19, 29-30, 34)

### My Relationship to God

Who is the man that fears the Lord? He will instruct him in the way he should choose. (Psalms 25:12)

You will instruct me and teach me in the way I should go; You will counsel me and watch over me. (Psalms 32:8)

### The Character I Want to Cultivate

He who pursues righteousness and love finds life, righteousness, and honor. (Proverbs 21:21)

The goal of our instruction is love, which comes from a pure heart and a good conscience and a sincere faith. (1 Timothy 1:5)

### My Relationship to Others

Houses and wealth are inherited from fathers, but a prudent wife is from the Lord. (Proverbs 19:14)

Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord, she shall be praised. (Proverbs 31:30)

## Silence and Stillness Before God (2 Minutes)

Day 33

### The Attributes of God

O Lord, God of Israel, there is no God like You in heaven above or on earth below; You keep Your covenant and mercy with Your servants who walk before You with all their heart. ([1 Kings 8:23](#); [2 Chronicles 6:14](#))

I know that You are a gracious and compassionate God, slow to anger and abounding in lovingkindness, a God who relents from sending calamity. ([Jonah 4:2](#))

### The Works of God

Every animal of the forest is Yours, and the cattle on a thousand hills. You know every bird in the mountains, and everything that moves in the field is Yours. ([Psalm 50:10-11](#))

The heavens are Yours; the earth also is Yours; You founded the world and all its fullness. ([Psalm 89:11](#))

### My Relationship to God

The joy of the Lord is my strength. ([Nehemiah 8:10](#))

Better is one day in Your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked. For the Lord God is a sun and shield; the Lord will give grace and glory; no good thing does He withhold from those who walk in integrity. O Lord of hosts, blessed is the man who trusts in You! ([Psalm 84:10-12](#))

### The Character I Want to Cultivate

I will receive the words of wisdom and treasure her commands within me, turning my ear to wisdom and applying my heart to understanding. If I cry for discernment and lift up my voice for understanding, if I seek her as silver and search for her as for hidden treasures, then I will understand the fear of the Lord and find the knowledge of God. ([Proverbs 2:1-5](#))

The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is understanding. ([Proverbs 9:10](#))

### My Relationship to Others

I will discipline my child while there is hope and not be a willing party to his death. ([Proverbs 19:18](#))

The rod and reproof impart wisdom, but a child left to himself brings shame to his mother. ([Proverbs 29:15](#))

## Silence and Stillness Before God (2 Minutes)

Day 34

### The Attributes of God

Great is the Lord, and most worthy of praise in the city of our God, His holy mountain. As is Your name, O God, so is Your praise to the ends of the earth; Your right hand is filled with righteousness. (Psalm 48:1, 10)

The Lord Jesus Christ received honor and glory from God the Father when the voice came to Him from the Majestic Glory who said, "This is My beloved Son, with whom I am well pleased." (2 Peter 1:17)

### The Works of God

God's grace was given to us in Christ Jesus before the beginning of time and has now been revealed through the appearing of our Savior, Christ Jesus, who abolished death and brought life and immortality to light through the gospel. (2 Timothy 1:9-10)

We see Jesus, who was made a little lower than the angels, now crowned with glory and honor because He suffered death, that by the grace of God He might taste death for everyone. For it was fitting for Him, for whom are all things and through whom are all things, in bringing many sons to glory, to make the author of their salvation perfect through sufferings. (Hebrews 2:9-10)

### My Relationship to God

I will praise You, O Lord, with all my heart; I will tell of all Your wonders. I will be glad and rejoice in You; I will sing praise to Your name, O Most High. (Psalm 9:1-2)

Rejoice in the Lord, O you righteous; praise is becoming to the upright. (Psalm 33:1)

### The Character I Want to Cultivate

I will not be dishonest in judgment, in measurement of weight or quantity. I will be honest and just in my business affairs. (Leviticus 19:35-36)

The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity. (Proverbs 11:3)

### My Relationship to Others

I will pursue the things that lead to peace and to mutual edification. (Romans 14:19)

We should bear with one another in love and make every effort to keep the unity of the Spirit in the bond of peace. (Ephesians 4:2-3)

## Silence and Stillness Before God (2 Minutes)

Day 35

### The Attributes of God

You are the great, the mighty, and the awesome God, who keeps His covenant of lovingkindness. (Nehemiah 9:32)

To whom can I liken You or count You equal? To whom can I compare You that You may be alike? (Isaiah 46:5)

### The Works of God

An hour is coming, and now is, when the dead will hear the voice of the Son of God; and those who hear will live. For as the Father has life in Himself, so He has granted the Son to have life in Himself, and He has given Him authority to execute judgment, because He is the Son of Man. (John 5:25-27)

We will all stand before the judgment seat of God. For it is written, "As I live, says the Lord, every knee will bow before Me, and every tongue will confess to God." So then, each of us will give an account of himself to God. (Romans 14:10b-12)

### My Relationship to God

There is now no condemnation for those who are in Christ Jesus, because the law of the Spirit of life in Christ Jesus has set me free from the law of sin and death. (Romans 8:1-2)

I did not receive a spirit of slavery again to fear, but I received the Spirit of adoption by whom I cry, "Abba, Father." The Spirit Himself testifies with my spirit that I am a child of God. (Romans 8:15-16)

### The Character I Want to Cultivate

A talebearer reveals secrets, but he who is trustworthy conceals a matter. (Proverbs 11:13)

These are the things I shall do: speak the truth to others, judge with truth and justice for peace, not plot evil against my neighbor, and not love a false oath; for all these things the Lord hates. (Zechariah 8:16-17)

### My Relationship to Others

You have called us to go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything You have commanded us. And surely You are with us always, even to the end of the age. (Matthew 28:19-20)

As the Father sent the Son into the world, He also has sent us into the world. And He has prayed for those who will believe in Him through our message. (John 17:18, 20)

## Silence and Stillness Before God (2 Minutes)

Day 36

### The Attributes of God

I will give thanks to the Lord, for He is good; His love endures forever. ([1 Chronicles 16:34](#))

Lovingkindness and truth have met together; righteousness and peace have kissed each other. Truth shall spring forth from the earth, and righteousness looks down from heaven. ([Psalm 85:10-11](#))

### The Works of God

Jesus fulfilled the words of the prophet Isaiah: "The Spirit of the Lord is upon Me, because He has anointed Me to preach good news to the poor. He has sent Me to proclaim freedom for the captives and recovery of sight to the blind, to set free those who are downtrodden, to proclaim the acceptable year of the Lord." ([Luke 4:18-19](#))

The Son of Man came to seek and to save that which was lost. ([Luke 19:10](#))

### My Relationship to God

I will trust in the Lord with all my heart and lean not on my own understanding; in all my ways I will acknowledge Him, and He will make my paths straight. I will not be wise in my own eyes, but I will fear the Lord and depart from evil. ([Proverbs 3:5-7](#))

"Not by might nor by power, but by My Spirit," says the Lord of hosts. ([Zechariah 4:6](#))

### The Character I Want to Cultivate

Before his downfall the heart of a man is haughty, but humility comes before honor. ([Proverbs 18:12](#))

Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. ([Matthew 5:3-5](#))

### My Relationship to Others

Peter came to Jesus and asked, "Lord, how often shall my brother sin against me, and I forgive him? Up to seven times?" Jesus said to him, "I tell you, not seven times, but up to seventy times seven." ([Matthew 18:21-22](#))

I will love my enemies, do good to them, and lend to them, expecting nothing in return. Then my reward will be great, and I will be a child of the Most High; for He is kind to the ungrateful and evil. I will be merciful just as my Father is merciful. ([Luke 6:35-36](#))