



What does it mean to be Christian? What is at the core of who a Christian is? What does that look like lived out? What does it mean to be marked? Join us as we explore some of these foundational questions from the Christian life.

Ephesians Overview:

Author and Date: Ephesians was written by the apostle Paul while he was imprisoned in Rome around A.D. 61.

First readers and their

location: Ephesians was written to a very cosmopolitan setting with many different ethnicities, cultures, and social standings. It was most likely sent to a group of cities surrounding the city of Ephesus. Ephesus was a major centre with a population estimated to be 600,000. It was also a major port city. Along with this economic and political standing it was also home to one of the Seven Wonders of the World, the Temple of Diana or Artemis. It was well known to be a very immoral city.



Why was it written?: Paul wrote this book to expand on teachings regard-

Open-up

For some, our family name is one of the defining things about us. For others, we would rather forget we have a family name. What does your family name mean? Why is it important or not important to you?



Into the Bible

Read: Ephesians 3:14-21

What do you notice about the passage itself? (Structure, repeated words or ideas, unique words, main points...) Ask the question, "What does it say?" (For more help on effective Bible Study see the resources at the back)

For context, what reasons does Paul give in 3:10-13 for kneeling before the Father?

What are the four requests that Paul has for the Ephesians?

How do the following passages increase your understanding of what Paul says here? (Galatians 2:20; John 17:1-5; 1 John 4:9-14; Colossians 2:9, 10; Revelation 22:3-5)



Into my life

Ask the question, "What does this look like in my life?"

How do you grasp how "how wide and long and high and deep is the love of Christ?" What does that mean to you? How does that find expression in your life?

What have been some examples of God's power in your life?

At this point in your life, what would it mean for God to do more than "we could ask or imagine?" In you personally? In your relationships? In the world? (Pray for each other in this)

Other Application Questions:

Is there something to worship or thank God for?

Is there a promise to claim or a truth to believe?

Is there something I am convicted about that I need to work on?

Is there something or someone I need to pray for this week? (Be specific)

Is there any relationship I need to work on?



Into the World

Ask, "what does this look like in my day to day life?"

Using Psalm 29 as a guide spend time praising God for what he has accomplished. If you have time read through the passage four different ways.

1. Read through the passage slowly and pause briefly.
2. Read through the entire passage and sit in silence for 2 minutes meditating on it. (Use a timer:))
3. Read through the passage again and pause to offer verbal praise to God.
4. Before you read through again, open your heart and mind to God and receive the word in your inmost being (this is challenging but Go's Spirit will meet with you). Read the passage or play an audio of it. What thoughts came to mind as you did this exercise? How may have God met with you?

Prayer List:

My challenge for this week:

More Resources for personal and group use:

<https://www.precept.org/know-gods-word/>

<https://www.rightnowmedia.org/Content/Series/1304>

<https://www.rightnowmedia.org/Content/Series/195647>

A little about Westwood Church...

We believe that God changes lives!

That motivates us to...

Bring Jesus into Life

By...

...becoming an increasingly healthy, vibrant and effective witness for Jesus in Prince George and around the world!

We do this by engaging in three things:



GATHER

Sunday mornings
to celebrate and
learn about God



GROUPS

Weekly meetings that
go deeper in relation-
ships with each other
and God



GO

Serving in the church
and community to
present Jesus to the
world