

into
LIFE
Study guide



Matthew 26:36-46; 7:7-12
For Individuals and Life Groups
November 20, 2016

Introduction:

Prayer is one of the great mysteries of life. It is where our material world and the kingdom of God intersect. It is the place where we are confronted with our own limitations and the unlimited power and love of God. Prayer can also raise questions. Why should I pray if God already knows what I am going to say? Why pray if I don't think anything will change? Why pray if my life is already pretty good? Why pray? Join us for this three-part series as we explore the difference that prayer can make in the life of a follower of Jesus.



Into the scriptures

Read: Matthew 26:36-46;

What do you notice about the passage itself? (Structure, repeated words or ideas, unique words, main points...)

Jesus was facing his arrest, trial, and crucifixion in the garden. What are the things he asks for in his prayer?

What does Jesus call his disciples to?

Read Hebrews 5:7-8. The most likely reading of this passage is in reference to Jesus in the garden. It was a prayer where Jesus recognized his own human frailty and was concerned he would not live long enough to even reach the cross. How does this help explain Jesus' prayer in a different way?

What do you learn about Jesus in this passage? What have you learned about the disciples? What have you learned about the devil?



Into my life



This was a very personal account of prayer in Jesus' life. Has there been a time when you have experienced deep anguish in prayer? What was the situation? How did you experience God through it?

Read Matthew 7:7-12. What can we learn about prayer from these two passages? What does Jesus model about prayer?

Is there anything that is weighing on you deeply right now that you need to bring to God? What is it? (Pray for each other in this)

How will you be different today because of what you just read?



Into the world



Our world is broken and in desperate need for God to intervene. What will your group pray for on a regular basis towards God transforming our community/



Prayer List



Challenge for the week:

My challenge for this week is:



More Resources for personal and group use:



A little about Westwood Church...

We believe that God changes lives!

That motivates us to...



Bring Jesus into Life

By...

...becoming an increasingly healthy, vibrant and effective witness for Jesus in Prince George and around the world!

We do this by engaging in three things:



GATHER

Sunday mornings to celebrate and learn about God



GROUPS

Weekly meetings that go deeper in relationships with each other and God



GO

Serving in the church and community to present Jesus to the world